

# Hanuman Chalisa Lyrics and Meaning in English

## Doha

**Shri Guru Charan Saroj Raj, Nij Manu Mukuru Sudhari,  
Baranau Raghuvar Bimal Jasu, Jo Dayaku Phal Chari.**

**Meaning:** By applying the sacred dust from my Guru's lotus feet to the mirror of my mind, I cleanse it of impurities. In this purified state, I begin to sing the pure and divine glories of Lord Rama, whose blessings bestow the four ultimate rewards of life — **Dharma** (righteousness), **Artha** (prosperity), **Kama** (fulfillment of desires), and **Moksha** (liberation).

**Buddhiheen Tanu Jaanike, Sumirau Pavan Kumar,  
Bal Buddhi Vidya Dehu Mohi, Harahu Kalesh Vikar.**

**Meaning:** O Hanuman, mighty son of the Wind God! Aware of my limited wisdom and strength, I humbly take refuge in you. Kindly bless me with immense strength, sharp intellect, and true knowledge. Remove all my sufferings, sorrows, and impurities of the mind.

## Chaupai

**(1) Jai Hanuman Gyan Gun Sagar,  
Jai Kapis Tihun Lok Ujagar.**

**Meaning:** Glory to Lord Hanuman — the ocean of wisdom, virtue, and strength. Hail to the mighty leader of the Vanaras (monkey army), whose radiance illuminates all the three worlds.

**(2) Ramdoot Atulit Bal Dhama,  
Anjani Putra Pavan Sut Nama.**

**Meaning:** You are the divine messenger of Lord Rama and the very embodiment of immeasurable power. You are the son of Mother Anjani and are renowned as the mighty son of the Wind God.

**(3) Mahavir Vikram Bajrangi,  
Kumati Nivar Sumati Ke Sangi.**

**Meaning:** O mighty and courageous Hanuman, whose strength is like a thunderbolt — you destroy evil and ignorance while guiding all toward wisdom and right understanding.

**(4) Kanchan Baran Biraj Subesa,  
Kanan Kundal Kunchit Kesa.**

**Meaning:** Your body glows with a golden hue, radiating divine splendor. You are adorned with beautiful garments, shining earrings, and curly hair that enhances your majestic appearance.

**(5) Hath Bajra Aur Dhvaja Birajai,  
Kandhe Moonj Janeu Sajai.**

**Meaning:** In your hands, you hold a mighty mace symbolizing strength and a flag representing victory. A sacred thread made of Munja grass decorates your shoulder, signifying purity and devotion.

**(6) Sankar Suvan Kesari Nandan,  
Tej Pratap Maha Jag Vandan.**

**Meaning:** You are the divine incarnation of Lord Shiva and the beloved son of Kesari. Your brilliance, valor, and divine power are honored and worshipped across the entire universe.

**(7) Vidya Van Guni Ati Chatur,  
Ram Kaj Karibe Ko Atur.**

**Meaning:** You are immensely learned, virtuous, and supremely intelligent. Your only desire is to dedicate yourself completely to the service of Lord Rama.

**(8) Prabhu Charitra Sunibe Ko Rasiya,  
Ram Lakhan Sita Man Basiya.**

**Meaning:** You take great joy in listening to the sacred stories of Lord Rama's divine deeds. Your heart is eternally devoted to Lord Rama, Lakshman, and Mother Sita.

**(9) Sookshm Roop Dhari Siyahin Dikhava,  
Bikat Roop Dhari Lank Jarava.**

**Meaning:** In a gentle and subtle form, you appeared before Mother Sita to comfort and assure her. Later, you assumed a terrifying and mighty form to set the entire city of Lanka ablaze.

**(10) Bheem Roop Dhari Asur Sanhare,  
Ramachandra Ke Kaj Sanvare.**

**Meaning:** Taking on an enormous and powerful form, you destroyed countless demons and carried out Lord Rama's divine mission, ensuring the triumph of righteousness.

**(11) Laye Sanjivan Lakhan Jiyaye,  
Shri Raghuvir Harash Ur Laye.**

**Meaning:** You brought the life-restoring Sanjeevani herb and revived Lord Lakshman from near death. Overwhelmed with gratitude and love, Lord Rama joyfully embraced you, holding you close to His heart.

**(12) Raghupati Keenhi Bahut Badai,  
Tum Mamiya Priya Bharat-hi Sam Bhai.**

**Meaning:** Lord Rama praised you with great affection, saying, "O Hanuman! You are as dear to me as my own brother Bharat." Such divine words reflect the depth of Rama's love and appreciation for your unmatched devotion.

**(13) Sahas Badan Tumharo Jas Gaavai,  
As Kahi Shripati Kanth Lagavai.**

**Meaning:** Even with a thousand mouths, the serpent-king Sheshnag continuously sings of your boundless glory. Lord Rama Himself declared this truth and lovingly embraced you once again.

**(14) Sanakadik Brahmadi Munisa,  
Narad Sarad Sahit Ahisa.**

**Meaning:** The great sages such as Sanaka and his brothers, Lord Brahma, Sage Narada, Goddess Saraswati, and even Lord Sheshnag — all sing your praises, glorifying your divine virtues and service to Lord Rama.

**(15) Jam Kuber Digpal Jahan Te,  
Kavi Kovid Kahi Sake Kahan Te.**

**Meaning:** Even the powerful deities — Yama (the god of death), Kuber (the god of wealth), and the guardians of the directions — are unable to fully describe your greatness. How, then, can mere poets and scholars ever hope to express the extent of your glory?

**(16) Tum Upkar Sugreevahi Kinhaa,  
Ram Milay Raj Pad Deenha.**

**Meaning:** You rendered immense service to Sugriva by reuniting him with Lord Rama. Through your efforts and guidance, Sugriva regained his lost kingdom of Kishkindha and found true devotion in Lord Rama's shelter.

**(17) Tuhmaro Mantra Vibhishan Manaa,  
Lankeshwar Bhaye Sab Jag Jana.**

**Meaning:** By following your wise counsel, Vibhishan chose the righteous path and surrendered at Lord Rama's feet. Blessed by Rama, he was crowned the king of Lanka — a story known and celebrated throughout the world.

**(18) Jug Sahasra Yojan Par Bhanu,  
Leelyo Taahi Madhur Phal Jaanu.**

**Meaning:** As a child, you mistook the glowing sun — thousands of yojanas away — for a ripe fruit. With innocent courage, you leapt toward it and tried to swallow it, displaying your immense strength and divine power even in childhood.

**(19) Prabhu Mudrika Meli Mukh Maahi,  
Jaladhi Langhi Gaye Acharaj Naahi.**

**Meaning:** With Lord Rama's ring placed safely in your mouth as a sign of His mission, you crossed the vast ocean with effortless ease. Such a feat was no wonder for one blessed with divine strength and unshakable faith.

**(20) Durgam Kaaj Jagat Ke Jete,  
Sugam Anugrah Tumhare Tete.**

**Meaning:** With your blessings, even the most impossible tasks in this world become simple and successful. Through your grace and divine power, every obstacle turns into an opportunity for victory.

**(21) Ram Dware Tum Rakhware,  
Hot Na Aagya Binu Paisesare.**

**Meaning:** You are the divine gatekeeper of Lord Rama's abode. No one can enter His presence without your permission, symbolizing that the blessings of Lord Rama can only be attained through your grace and approval.

**(22) Sab Sukh Lahai Tumhari Sarna,  
Tum Rakhshak Kahu Ko Dar Na.**

**Meaning:** Those who take refuge in you are blessed with boundless happiness and peace. When you stand as their protector, no fear, sorrow, or misfortune can ever harm them.

**(23) Aapan Tej Samharo Aapai,  
Teenon Lok Haank Te Kaanpai.**

**Meaning:** Your power is immense and under your perfect control. When you roar in your mighty strength, even the three worlds — heaven, earth, and the underworld — tremble with awe and reverence.

**(24) Bhoot Pisaach Nikat Nahi Aavai,  
Mahabeer Jab Naam Sunavai.**

**Meaning:** O Mahaveer! The very utterance of your sacred name drives away ghosts, evil spirits, and all negative forces. Your divine presence purifies and protects all who remember you with faith.

**(25) Naasai Rog Harai Sab Peera,  
Japat Nirantar Hanumat Beera.**

**Meaning:** O mighty Hanuman! Whoever chants your name continuously with devotion is freed from disease, sorrow, and suffering. Your name alone has the power to heal both body and soul.

**(26) Sankat Te Hanuman Chhudavai,  
Man Kram Bachan Dhyani Jo Lavai.**

**Meaning:** Those who meditate on you sincerely — in thought, word, and deed — are rescued from every hardship and obstacle in life. Through your compassion, they are blessed with peace and divine protection.

**(27) Sab Par Ram Tapasvee Raja,  
Tin Ke Kaaj Sakal Tum Saaja.**

**Meaning:** Lord Rama, the supreme king and the ideal of virtue, has entrusted you with carrying out His divine work. You ensure the fulfillment of the wishes and prayers of all His devotees.

**(28) Aur Manorath Jo Koi Lavai,  
Soi Amit Jeevan Phal Pavai.**

**Meaning:** Whoever approaches you with true devotion and pure intent finds their heartfelt desires fulfilled. Through your grace, they receive endless joy and the most precious rewards of life.

**(29) Chaaro Yug Paratap Tumhara,  
Hai Prasiddha Jagat Ujiyaara.**

**Meaning:** Your divine glory shines eternally through all four ages — Satya, Treta, Dvapara, and Kali. Your radiance spreads light and inspiration across the entire universe.

**(30) Sadhu Sant Ke Tum Rakhware,  
Asur Nikandan Ram Dulaare.**

**Meaning:** You are the eternal protector of saints and devotees, the destroyer of demons and dark forces. Beloved of Lord Rama, you embody divine courage, compassion, and devotion.

**(31) Ashta Siddhi Nau Nidhi Ke Data,  
As Bar Deen Janaki Mata.**

**Meaning:** By the divine blessing of Mother Sita (Janaki), you were granted the sacred power to bestow upon anyone the eight mystical perfections (Ashta Siddhis) and the nine treasures (Nau Nidhis). You share these divine gifts freely with those who earn your grace through faith and devotion.

**(32) Ram Rasayan Tumhare Paasa,  
Sada Raho Raghupati Ke Dasa.**

**Meaning:** You are the eternal possessor of the divine nectar of devotion toward Lord Rama. Your very essence radiates love, purity, and faith in Him. May you forever remain the most devoted servant of Lord Raghupati — this is our heartfelt prayer.

**(33) Tumhare Bhajan Ram Ko Pavai,  
Janam Janam Ke Dukh Bisravai.**

**Meaning:** Through sincere devotion and chanting of your holy name, one easily attains the grace of Lord Rama. Whoever worships you with a pure heart becomes dear to the Lord and is freed from the sorrows accumulated over countless lifetimes.

**(34) Ant Kaal Raghubar Pur Jaai,  
Jahan Janm Haribhakt Kahai.**

**Meaning:** At the end of one's life, a devotee who adores you attains Lord Rama's divine abode. If reborn, such a soul always takes birth among the devotees of Hari (God), continuing their journey of devotion and service.

**(35) Aur Devta Chitt Na Dharai,  
Hanumat Sei Sarva Sukh Karai.**

**Meaning:** Those who fix their hearts solely upon you, O Hanuman, need not worship any other deity. Your blessings alone bring every form of happiness, peace, and fulfillment to their lives.

**(36) Sankat Katai Mitei Sab Peera,  
Jo Sumirai Hanumat Balbeera.**

**Meaning:** O mighty and courageous Hanuman! Whoever remembers you with sincere faith is freed from all distress and suffering. Your divine name alone has the power to remove every obstacle and pain.

**(37) Jai Jai Jai Hanuman Gosai,  
Kripa Karahu Gurudev Ki Naai.**

**Meaning:** Glory, glory, glory to you, O Lord Hanuman! Kindly shower your divine grace upon us, just as a compassionate Guru blesses and protects his devoted disciples. Guide us always on the path of truth and devotion.

**(38) Jo Sat Baar Path Kar Koi,  
Chutahi Bandi Maha Sukh Hoi.**

**Meaning:** Whoever recites this sacred Hanuman Chalisa with devotion one hundred times is freed from all forms of bondage and sorrow, and experiences immense spiritual joy and liberation.

**(39) Jo Yah Padhe Hanuman Chalisa,  
Hoy Siddhi Sakhi Gaurisa.**

**Meaning:** One who faithfully recites this Hanuman Chalisa is blessed with divine accomplishment and success in life. Lord Shiva Himself bears witness to the infinite power of this sacred hymn.

**(40) Tulsidas Sada Hari Chera,  
Kijai Nath Hriday Mahn Dera.**

**Meaning:** The humble poet-saint Tulsidas declares, “O Lord Hanuman, may I forever remain a devoted servant of Lord Rama. Please dwell eternally in my heart, filling it with devotion, purity, and strength.”

**Doha**

**Pavan Tanay Sankat Haran, Mangal Murti Roop,  
Ram Lakhan Sita Sahit, Hriday Basahu Sur Bhoop.**

**Meaning:** O divine son of the Wind God, remover of all suffering and embodiment of auspiciousness! Please reside forever in my heart along with Lord Rama, Lakshman, and Mother Sita. Bless me with unwavering faith, inner peace, and eternal devotion.